



Rankin Children's Group, PLLC

Robert W. Besinger, M.D. • Joseph D. Edwards, Jr., M.D. • W. Craig Flowers, M.D. • Ann Marie Lee, M.D. • Laura B. Mullins, M.D.
Michael A. Rogers, M.D. • Dennis W. Rowlen, M.D. • K. Michelle VanNorman, M.D. • Alisha S. Vaughn, M.D.

Social Media Questions

- 1. Which social media sites and/or apps do you regularly use?**
- 2. How long do you spend on social media sites and/or applications in a typical day?**
- 3. Do you think you use social media too much?**
- 4. Does viewing social media increase or decrease your self-confidence?**
- 5. Have you personally experienced cyberbullying, sexting or an online user asking to have a sexual relation with you?**

PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the **last 2 weeks**, how often have you been bothered by any of the following problems?
(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING 0 + + +
=Total Score:

If you checked off **any** problems, how **difficult** have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult
at all

Somewhat
difficult

Very
difficult

Extremely
difficult